

# STA & ASA TEACHER QUALIFICATIONS

## WHAT ARE YOU ABLE TO TEACH?

Teacher Qualification	Teaching in the Water	Teaching from Poolside		Competitive Dives	Competitive Turns
	Up to Goldfish 3 STA Up to Stage 4 ASA	Up to Goldfish 3 STA Up to Stage 4 ASA	Up to Platinum STA Up to Stage 10 ASA		
STA - STC Beginner	Up to 2 with no lifeguard cover Up to 6 with lifeguard cover	1 - 10 pupils	1 - 20 under direct supervision of a full STA or ASA teacher 2	No	No
STA - STC Full Teachers	Up to 2 with no lifeguard cover Up to 6 with lifeguard cover	1 - 12 pupils	1 - 20 pupils	Yes 1 - 20	Yes 1 - 20
Sports UKCC-ASA Aquatics Level 1	1 to 1 With lifeguard cover under direct supervision of a qualified level 2	As an assistant only under direct supervision of a qualified level 2	No As an assistant only under direct supervision of a qualified level 2	No	No
Sports UKCC-ASA Aquatics Level 2 (units 1 to 5)	1 to 2 With lifeguard cover under direct supervision of a qualified level 2	1 to 12 under direct supervision of a qualified level 2	1 to 12 under direct supervision of a qualified level 2	No Plunge dive only under direct supervision of a qualified level 2	No
Sports UKCC-ASA Aquatics Level 2 (unit 6)	Up to 2 With lifeguard cover	1 - 12 pupils	1 - 20 pupils	No Plunge dive only	No
Old ASA level 1 Pre September 2007 (units 1 & 2)	1 to 2 With lifeguard cover under direct supervision of a full STA or ASA teacher	1 to 4 Under direct supervision of a full STA or ASA teacher (note after a risk assessment it can be increased to 1 - 6)	1 to 4 Under direct supervision of a full STA or ASA teacher (note after a risk assessment it can be increased to 1 - 6)	No	No
Old ASA level 2 Pre September 2007 (units 1, 2 & 3)	Up to 2 With lifeguard cover	1 - 12 pupils	1 - 20 pupils	No Plunge dive only	No Freestyle tumble turn and hand touch turns only
Old ASA level 2 Pre September 2007 (units 4)	Up to 2 With lifeguard cover	1 - 12 pupils	1 - 20 pupils	Yes 1 - 20	Yes 1 - 20

1. STA Teachers also have a Pool Safety Award for Teachers (Teachers Rescue Test).
2. ASA Full Teachers Pre September 2007, which have completed Unit (4). STA Full Teachers can also work with pre-competitive pupils.
3. The new UKCC level (Level 2) coaching courses are designed for coaching NOT teaching, after they have completed Units 3 to 6 of UKCC Aquatics course, they can then teach aquatics as to the Sports UKCC Level (2) above.
4. The STA has reviewed its policy on the number of learners a swimming teacher is able to teach from in the water, where there is lifesaving cover on poolside.  
The recommended number is a maximum 6 non-swimmers. It is also recommended that this takes place in water that is shallow enough for the learners to be able to stand up.  
(Exceptions to these recommendations may apply depending on the age of the pupils being taught and the centre's own Risk Assessment policy – please check with the STA if you are unsure).
5. To teach above stage ASA stage 7 teachers must complete the relevant CPD on each subject.

### PLEASE NOTE

This chart is for guidance purposes only, and more detailed information can be obtained from each awarding body, and for each syllabus for each course.