

STA International Learn to Swim Programme (ILSP) Conversion Guidelines



The table below provides a guideline for Swimming Teachers and Swim Scheme Operators transferring to the STA International Learn to Swim Programme (ILSP) from Swim England, Swim Wales or Swim Ireland.

STA ILSP	Swim England	Scottish Swimming	Swim Wales	Swim Ireland
Starfish	Discovery Duckling / Duckling	Early Years	Bubbles	Adult & Child
Stanley 1 - 2	Stage 1 (under 5)	Preschool	Splash 1 - 2	Younger Children
Stanley 3 - 4	Stage 2 (under 5)	Preschool	Splash 3 - 4	Younger Children
Stanley 5 - 7	Stage 3 (under 5)	Preschool	Splash 5 - 6	Younger Children
Octopus 1	Stage 1	Preschool	Wave 1	Level 1
Octopus 2 – 3	Stage 2	Swim Skills 1	Wave 2	Level 2
Goldfish 1 - 2	Stage 3	Swim Skills 1	Wave 3	Level 3
Goldfish 3	Stage 4	Swim Skills 1	Wave 3	Level 4
Angelfish 1	Stage 5	Swim Skills 1	Wave 4	Level 5
Angelfish 2	Stage 5	Swim Skills 1	Wave 5	Level 6
Angelfish 3	Stage 5	Swim Skills 2	Wave 6	Level 6
Shark 1	Stage 6	Swim Skills 3	Wave 6	Level 7
Shark 2	Stage 6	Swim Skills 3	Wave 7	Level 8
Shark 3	Stage 7	Swim Skills 4	Wave 8	Level 8

Note: Must be used in conjunction with a swimming teachers initial assessment.