STA Learn to Swim Conversion Guidelines



The table below provides a guideline for Swimming Teachers and Swim Scheme Operators transferring to STAs Learn to Swim Programme (LSP) from an alternative scheme.

STA ILSP	STA LSP	Swim England	Scottish Swimming	Swim Wales	Swim Ireland
Starfish	Starfish	Discovery Duckling	Early Years	Bubbles	Preschool 1-2
Stanley	Stanley	Duckling	Preschool	Splash	Preschool 3
Octopus 1	Grade 1	Stage 1	Swim Skills 1	Wave 1	Junior 1
Octopus 2		Stage 2			
Octopus 3	Grade 3			Wave 2	Junior 2
Goldfish 1		Stage 3		Wave 3	
Goldfish 2	Grade 4				Junior 3
Goldfish 3		Stage 4	Swim Skills 2		
Angelfish 1	Grade 5 Grade 6	Stage 5		Wave 4	Junior 4
Angelfish 2				Wave 5	
Angelfish 3		Stage 6	Swim Skills 3		Senior 1
Shark 1			Swim Skills 4	Wave 6	Senior 2
Shark 2	Grade 7	Stage 7		Wave 7	Senior 3
Shark 3				Wave 8	
Advanced Series	Advanced Series	Stages 8 – 10	Club Ready	Advanced Skills	Senior 4-5

Note: Must be used in conjunction with a swimming teachers initial assessment.